








## Menu 29.09.2025 - 03.10.2025 – ISR

	Mo	Tue	Wed Oktoberfest Spirit Day	Thu closed	Fr German Unity Day
Menu 1 	Potato pockets filled with cream cheese g, i Carrot ragout g	Organic penne a, a1 Salmon and dill cream sauce 4, a, a1, d, g, i Salad Honey vinaigrette 3, j, l	Chicken meatballs a, a1, c, g, j Mashed potatoes g Cream sauce g		
Menu 2	Potato casserole with lentil bolognese 3, g, i Cucumber salad with vinegar and oil dressing 3, j, l	Organic vegetable ravioli (tomato, carrot, parsnip) a, a1, f, j Organic spinach sauce g Organic grated cheese g 	 Allgäu cheese noodles a, a1, c, g 		
Menu3 	Haschee (beef) a, a1, a3 Organic spirelli a, a1 Grated cheese g Salad Honey vinaigrette 3, j, l	Penne a, a1 Paprika sauce i Grated cheese	Spinach dumplings a, a1, c Mushroom cream sauce g		
Dessert	Seasonal fruit	Seasonal fruit	Mini Berlin apricot a, a1, c		

In addition, we offer a daily changing salad bar with various dressings in the cafeteria.

cooked with 

 Certified by DE-ÖKO-039  
 Number: D-NW-039-4734-OBO  
 EU/non-EU agriculture

**Our dishes contain the following declarable additives:**

- |                        |                                       |
|------------------------|---------------------------------------|
| 1 with colorant        | 6 blackened                           |
| 2 with preservative    | 7 waxed                               |
| 3 with antioxidant     | 8 with phosphate                      |
| 4 with flavor enhancer | 9 with sweetener                      |
| 5 sulphurized          | 10 contains a source of phenylalanine |
|                        | 11 with milk protein                  |

**According to the recipe, our dishes contain the following declarable allergens:**




- |                             |  |                           |
|-----------------------------|--|---------------------------|
| a Cereals containing gluten | e contains peanut                                    | h6 contains Brazil nut    |
| a1 contains wheat           | f contains soy                                       | h7 contains pistachio     |
| a2 contains rye             | g contains milk and milk products (contains lactose) | h8 contains macadamia nut |
| a3 contains barley          | h Nuts/nuts  | i contains celery         |
| a4 contains oats            | h1 contains almond                                   | j contains mustard        |
| a5 contains spelt           | h2 contains hazelnut                                 | k contains sesame         |
| a6 contains kamut           | h3 contains walnut                                   | l contains sulfur dioxide |
| b contains crustaceans      | h4 contains cashew nut                               | m contains lupine         |
| c contains eggs             | h5 contains pecan nut                                | n contains molluscs       |
| d contains fish             |  |                           |




The labeled menu selection is based on the DGE quality standards for school catering and for catering in day care facilities for children. However, our kitchen is not yet certified by the DGE.


**Special note on traces:** Cross-contamination of individual ingredients and technologically unavoidable impurities in individual products cannot be ruled out.

## Menu 06.10.2025 - 10.10.2025 – ISR

	Mo	Tue	Wed	Thu	Fr
<b>Menu 1</b> 	Whole grain spirelli organic a, a1 Lentil bolognese 3, i Grated cheese g Creamy farmer's salad 2, 3, a, a1, c, i, l	Vegetarian Swabian dumpling casserole with tomato sauce and cheese a, a1, c, g, i Salad French dressing 3, j, l	Baked pollock fillet a, a1, d Boiled potatoes l Creamed spinach g	Winter ratatouille ( turnip, pumpkin, and parsnip) g Organic rice	Chicken breast fillet, plain Organic rice Mushroom sauce g Cucumber salad with vinegar and oil dressing 3, j, l
<b>Menu 2</b> 	Organic farfalle a, a1 Organic pumpkin cream sauce 3, g Grated cheese organic g	Organic cream of broccoli soup g Organic baguette a, a1	Organic mashed potatoes 3, g Organic creamed carrots g Organic mung bean balls	Potato noodle stir-fry with savoy cabbage and carrots Organic 3, a, a1, c, g	Mexican pasta bake, vegetarian, organic a, a1, g, i, j
<b>Menu 3</b> 	Breaded schnitzel (poultry) a, a1, f, g, i, j Ketchup Potato wedges 3, 5, l Creamy farmer's salad 2, 3, a, a1, c, i, l	Sausage goulash (poultry) in tomato sauce a, i, l Organic penne a, a1 Salad French dressing 3, j, l	Plain pollock fillet d Boiled potatoes l Creamed spinach g	Pea stew i Turkey sausage Organic baguette a, a1	Kaiserschmarrn a, a1, c, g Vanilla sauce g ( <i>From grade 5</i> )
<b>Dessert</b>	Seasonal fruit	Banana quark with chocolate chips 3, f, g	Seasonal fruit	Russian pull-apart cake a, a1, c, g	Seasonal fruit

In addition, we offer a daily changing salad bar with various dressings in the cafeteria.

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| a6 contains kamut           | h3 contains walnut                                   | l contains sulfur dioxide |
| b contains crustaceans      | h4 contains cashew nut                               | m contains lupine         |
| c contains eggs             | h5 contains pecan nut                                | n contains molluscs       |
| d contains fish             |  |                           |

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## Menu 13.10.2025 - 17.10.2025 – ISR

	Mo	Tue	Wed	Thu	Fr
Menu 1 	Whole grain pasta bake with vegetables (broccoli, bell peppers) with cheese sauce a, a1,	Chili con carne (beef) 3 Sour cream g Organic baguette a, a1	Farfalle Organic a, a1 Salmon and tomato cream sauce d, g, i Cucumber salad with sour cream and dill 2, 3, 5, c, g, i, j, l	Cheese Macaroni g,i Snack Cucumbers	Potato and carrot lasagna g Snack cucumber
Menu 2	Coconut vegetable curry (carrots, celery, broccoli) i Organic rice	Organic chili sin carne Organic sour cream g Organic baguette a, a1 <u>100% Bio</u>	Vegetable goulash (carrots, broccoli, cauliflower, tomato) Organic g Rice Organic <u>100% Bio</u>	Pizza Margherita or Salami a, a1, g, 1, 2, 3	Organic spirelli pasta a, a1 Organic broccoli cream sauce g Organic grated cheese g <u>100% Bio</u>
Menu 3 	Cevapcici (poultry) a, a1 Bell pepper sauce 3, a, a1, a3, g, i Organic rice Coleslaw 2, 3	Spaetzle a, a1, c Mushroom cream sauce g Salad Raspberry dressing l	Curry sausage (poultry) 1, 3, 8, i Potato wedges 3, 5, l Cucumber salad with sour cream and dill 2, 3, 5, c, g, i, j, l		Baked pollock fillet a, a1, d Remoulade sauce 9, c, g, j Boiled potatoes l Snack cucumbers
Dessert	Seasonal fruit	Strawberry yogurt g	Seasonal fruit	Seasonal fruit	Lemon cake 8, a, a1, c

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| c contains eggs             | h5 contains pecan nut                                | n contains molluscs       |
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## Menu 27.10.2025 - 31.10.2025 - ISR



	Mo	Tue	Wed	Thu	Fr Halloween
Menu 1 	Vegan meatballs f Cream sauce a, a1, a3, g Mashed potatoes g Creamy carrot salad g	Breaded chicken breast fillet a, a1, f, g, i, j Creamed peas g Rice	Organic farfalle a, a1 Salmon and tomato cream sauce d, g, i Mini carrots	Chicken curry (coconut, pineapple, bell pepper) 4, a, a1, i Organic rice	Spinach and ricotta tortelloni a, a1, g Spinach cream sauce g Grated cheese g
Menu 2 	Cauliflower and potato casserole g	Organic veggie stir-fry (pea protein) g Organic rice Organic carrot vegetables g	Organic farfalle a, a1 Vegetable bolognese with organic sunflower-minced meat i, j Grated cheese organic g	Spirelli and pea casserole with herb sauce Organic a, a1, g	Organic pumpkin cream soup 3, g Organic baguette a, a1 
Menu 3 	Vegan meatballs f Cream sauce a, a1, a3, g Rice Creamy carrot salad g	Breaded chicken breast fillet a, a1, f, g, i, j Creamed peas g Mashed potatoes gg	Gnocchi casserole with broccoli and poultry Lyoner sausage in béchamel sauce 2, 3, a, a1, c, g, l	Egg omelet c, g Boiled potatoes Creamed spinach g	Sausage goulash (poultry) in tomato sauce a, i, l Organic spirelli a, a1 Coleslaw 2, 3
Dessert	Seasonal fruit	Stracciatella Yogurt 3, f, g	Seasonal fruit	Seasonal fruit	Jelly with creepy gummy bears

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| a6 contains kamut           | h3 contains walnut                                   | l contains sulfur dioxide |
| b contains crustaceans      | h4 contains cashew nut                               | m contains lupine         |
| c contains eggs             | h5 contains pecan nut                                | n contains molluscs       |
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