

Menu 06.07.2026 - 10.07.2026 – ISR SPORTS CAMP

	Mo	Di	Mi	Do	Fr
					NO LUNCH SPECIAL
Menu 1	Organic Whole-Wheat Spirelli a, a1 Lentil Bolognese 3, i Coleslaw 2, 3	Chicken Meatballs a, a1, c, g, j Vegetables (bell pepper, carrot, chickpea) 3 Organic bulgur a, a1 Organic tomato dip g	Baked Pollock Fillet a, a1, d Potatoes 5, l Zucchini with Tomato Sauce 3, i	Baked Cannelloni Stuffed with Spinach & Ricotta in Carrot Bolognese-Bechamel Sauce 3, a, a1, c, f, g, i Chinese Cabbage and Corn Salad 3, c, g, j, l	
Menu 2	Chicken Kebab Organic Rice Coleslaw 2, 3 Tzatziki g	Organic vegetable tortellini (tomato, carrot, parsnip) a, a1, f, j Organic spinach sauce g Organic grated cheese g	Organic Lentil Curry 3, g, i Organic Rice	Sausage (poultry) 3, g, i Tomato-Curry Sauce 1, 3, i Potato Wedges 3, 5, l Chinese Cabbage and Corn Salad 3, c, g, j, l	
Dessert	Seasonal fruit	Strawberry yogurt	Seasonal fruit	Seasonal fruit	

cooked with ♥



Check out the organic ingredients here!

Our dishes contain the following declarable additives:

- | | |
|------------------------|---------------------------------------|
| 1 with colorant | 6 blackened |
| 2 with preservative | 7 waxed |
| 3 with antioxidant | 8 with phosphate |
| 4 with flavor enhancer | 9 with sweetener |
| 5 sulphurized | 10 contains a source of phenylalanine |

According to the recipe, our dishes contain the following declarable allergens:

- | | | |
|-----------------------------|---|---------------------------|
| a Cereals containing gluten | e contains peanut | h6 contains Brazil nut |
| a1 contains wheat | f contains soy | h7 contains pistachio |
| a2 contains rye | g contains milk and milk products
(contains lactose) | h8 contains macadamia nut |
| a3 contains barley | h Nuts/nuts | i contains celery |
| a4 contains oats | h1 contains almond | j contains mustard |
| a5 contains spelt | h2 contains hazelnut | k contains sesame |
| a6 contains kamut | h3 contains walnut | l contains sulfur dioxide |
| b contains crustaceans | h4 contains cashew nut | m contains lupine |
| c contains eggs | h5 contains pecan nut | n contains molluscs |
| d contains fish | | |

Special note on traces: Cross-contamination of individual ingredients and technologically unavoidable impurities in individual products cannot be ruled out

Menu 13.07.2026 - 17.07.2026 – ISR SUMMER SCHOOL - WEEK 1

	Mo	Di	Mi	Do	Fr
			NO LUNCH SPECIAL		
Menu 1	Egg omelet 3, c, g Boiled potatoes 5, l Broccoli and vegetables g	Organic farfalle a, a1 Organic vegetable bolognese with sunflower mince i, j		Spinach and Ricotta Tortelloni a, a1, g Spinach Cream Sauce g	Butter Chicken a, a1, g, i Organic Rice
Menu 2	Baked pollock fillet a, a1, d Boiled potatoes 5, l Broccoli and vegetables g	Plain chicken breast fillet Organic rice Mushroom sauce g Salad Yogurt dressing 3, c, g, j, l		Chicken Meatball 3, a, a1, c Gravy a, a1, a3 Organic Rice Salad French Dressing c, j	Organic Vegetarian Mexican Pasta Bake a, a1, g, i, j
Dessert	Seasonal fruit	Banana quark with chocolate chips 3, f, g		Seasonal fruit	Apple crumble cake 8, a, a1, c, g

cooked with ♥



Check out the organic ingredients here!



Our dishes contain the following declarable additives:

- | | |
|------------------------|---------------------------------------|
| 1 with colorant | 6 blackened |
| 2 with preservative | 7 waxed |
| 3 with antioxidant | 8 with phosphate |
| 4 with flavor enhancer | 9 with sweetener |
| 5 sulphurized | 10 contains a source of phenylalanine |

According to the recipe, our dishes contain the following declarable allergens:

- | | | |
|-----------------------------|---|---------------------------|
| a Cereals containing gluten | e contains peanut | h6 contains Brazil nut |
| a1 contains wheat | f contains soy | h7 contains pistachio |
| a2 contains rye | g contains milk and milk products
(contains lactose) | h8 contains macadamia nut |
| a3 contains barley | h Nuts/nuts | i contains celery |
| a4 contains oats | h1 contains almond | j contains mustard |
| a5 contains spelt | h2 contains hazelnut | k contains sesame |
| a6 contains kamut | h3 contains walnut | l contains sulfur dioxide |
| b contains crustaceans | h4 contains cashew nut | m contains lupine |
| c contains eggs | h5 contains pecan nut | n contains molluscs |
| d contains fish | | |

Special note on traces: Cross-contamination of individual ingredients and technologically unavoidable impurities in individual products cannot be ruled out

Menu 20.07.2026 - 24.07.2026 – ISR SUMMER SCHOOL - WEEK 2

Mo

Di

Mi

Do

Fr

NO LUNCH SPECIAL

Menu 1

Vegetarian stuffed pasta
casserole
baked with tomato sauce and
cheese
a, a1, c, g, i
Corn salad 3, l

Lentil and Vegetable Curry
(Carrots, Celery, Broccoli)
i, j
Organic Rice

Organic Whole-Wheat Spirelli
a, a1
Chicken Breast Strips in
Lemon Cream Sauce
a, a1, g, i
Snack Cucumbers

Chili sin Carne Bio 3, i
Saure Sahne g
Baguette Bio a, a1

Menu 2

Chicken sausage goulash in
tomato sauce a, i, l
Organic penne a, a1
Corn salad 3, l

Plain Chicken Breast Fillet
Potato Wedges 3, 5, l
Bell Pepper Dip 3, g
Salad
Yogurt Dressing 3, c, g, j, l

Gnocchi and Zucchini
Casserole with Gouda
(Organic) a, a1, g

Chicken meatballs
a, a1, c, g, j
Cream sauce a, a1, a3, g
Organic rice
Cucumber salad with
vinegar-oil dressing 3, j, l

Dessert

Seasonal fruit

Berry buttermilk dessert g

Seasonal fruit

Chocolate-cherry cake
8, a, a1, c, g

cooked with ♥



Check out the organic ingredients here!

Our dishes contain the following declarable additives:

- | | |
|------------------------|---------------------------------------|
| 1 with colorant | 6 blackened |
| 2 with preservative | 7 waxed |
| 3 with antioxidant | 8 with phosphate |
| 4 with flavor enhancer | 9 with sweetener |
| 5 sulphurized | 10 contains a source of phenylalanine |

According to the recipe, our dishes contain the following declarable allergens:

- | | | |
|-----------------------------|--|---------------------------|
| a Cereals containing gluten | e contains peanut | h6 contains Brazil nut |
| a1 contains wheat | f contains soy | h7 contains pistachio |
| a2 contains rye | g contains milk and milk products (contains lactose) | h8 contains macadamia nut |
| a3 contains barley | h Nuts/nuts | i contains celery |
| a4 contains oats | h1 contains almond | j contains mustard |
| a5 contains spelt | h2 contains hazelnut | k contains sesame |
| a6 contains kamut | h3 contains walnut | l contains sulfur dioxide |
| b contains crustaceans | h4 contains cashew nut | m contains lupine |
| c contains eggs | h5 contains pecan nut | n contains molluscs |
| d contains fish | | |

Special note on traces: Cross-contamination of individual ingredients and technologically unavoidable impurities in individual products cannot be ruled out

Menu 27.07.2026 - 31.07.2026 – ISR SUMMER SCHOOL - WEEK 3

Mo

Di

Mi

Do

Fr

NO LUNCH SPECIAL

Menu 1

Organic bulgur a, a1
Organic vegetables (bell
pepper, carrot, tomato) 3
Organic yogurt dip g

Organic Macaroni and
Cheese a, a1, g
Organic Pea Vegetable Mix g

Vegetable curry with sweet
potatoes, cauliflower, and
chickpeas i
Organic rice

Chicken Strips
a, a1, a3, g, i
Cauliflower and Vegetables g
Potatoes 5, l

Menu 2

Cevapcici (poultry)
a, a1, a3, c, j
Organic rice
Tzatziki g
Coleslaw 2, 3

Organic Farfalle a, a1
Carbonara Sauce (Turkey)
2, 3, a, a1, g, i
Snack Cucumbers

Baked pollock fillet
a, a1, d
Potato wedges 3, 5, l
Lime sour cream g
Salad
Yogurt dressing 3, c, g, j, l

Organic Ratatouille
Potatoes 5, l

Dessert

Seasonal fruit

Mango yogurt g

Seasonal fruit

Chocolate muffin
8, a, a1, c, f, g

cooked with ♥



Check out the organic ingredients here!



Our dishes contain the following declarable additives:

- | | |
|------------------------|---------------------------------------|
| 1 with colorant | 6 blackened |
| 2 with preservative | 7 waxed |
| 3 with antioxidant | 8 with phosphate |
| 4 with flavor enhancer | 9 with sweetener |
| 5 sulphurized | 10 contains a source of phenylalanine |

According to the recipe, our dishes contain the following declarable allergens:

- | | | |
|-----------------------------|--|---------------------------|
| a Cereals containing gluten | e contains peanut | h6 contains Brazil nut |
| a1 contains wheat | f contains soy | h7 contains pistachio |
| a2 contains rye | g contains milk and milk products (contains lactose) | h8 contains macadamia nut |
| a3 contains barley | h Nuts/nuts | i contains celery |
| a4 contains oats | h1 contains almond | j contains mustard |
| a5 contains spelt | h2 contains hazelnut | k contains sesame |
| a6 contains kamut | h3 contains walnut | l contains sulfur dioxide |
| b contains crustaceans | h4 contains cashew nut | m contains lupine |
| c contains eggs | h5 contains pecan nut | n contains molluscs |
| d contains fish | | |

Special note on traces: Cross-contamination of individual ingredients and technologically unavoidable impurities in individual products cannot be ruled out